Second Sight Healing

3-year Shamanic Practitioner Training 2027-2029

Thank you for your interest in the 3-Year Shamanic Practitioner Training with Second Sight Healing. We welcome you with warm hearts and open arms to explore this ancient pathway of healing and spiritual connection.

The application process begins with completing your application form, part of which includes booking an interview with our Founder and lead teacher Jez Hughes, to discuss your application and to find out more information about the course and its suitability for you.

Following your interview you'll receive an email to let you know whether your application has been successful, directing you to sign up to our payment system and receive your welcome pack.

Once your place is confirmed we will share key preparation details before coming together in-person in the woods (expect this in March 2026). These preparations are part of the commitment to the course and will need to be undertaken before your first initiation weekend in May 2026. Additionally, we'll share what you'll need to bring with you for your first weekend - a *kit list* of sorts.

Further practical details and a more in-depth overview of the course can be found as part of this application pack. **Please read in full before you apply**, and we wish you all the best with your application! *To avoid disappointment, we recommend you submit your application as early as possible.

Please email with the completed aplication pack and we will send a link to set up an interview time with Jez.

Course Schedule 2027

Year 1 Dates of the Practitioner Course beginning in 2027

Fire
29th April - 2nd May 2027

Water
10th June - 13th June 2027

Air
22nd July - 25th July 2027

Earth
9th Sept - 12th Sept 2027

**Year 2 and 3 dates to be confirmed*

The training commitment takes place across 3 years, and includes 4 x 4-day in-person meetings from April to September each year (which we refer to as initiation weekends in your first 2 years). When you progress into year 2 and again into year 3, there will be extra non-residential weekends (held online) in January 2027 and January 2028 to support integration of the first and second years (referred to as bridge weekends).

Throughout your time you will be allocated a course mentor (more information will be given surrounding this when your place is confirmed). Additionally you will be invited to at least 2 x formal 30-minute mentoring sessions with Jez over the duration of the course.

VAT, all food, accommodation (camping pitch in the woods) and course training/teaching is included in the cost. See below for course fees.

Course Fees and Available Payment Schedules

Option 1
Low Income
1995 GBP per year
Monthly payment plan available

Option 2
Middle Income
2295 per year
Monthly Payment Plan available

Option 3
High Income
2495 per year
Monthly Payment Plan available

*A £595 up front non refundable deposit is required to secure your place. Students setting up monthly payments are required to set up direct debit payments through our online payment system (Paypal or Stripe) to ensure instalments are paid on time and not missed. Payments will set set up from April 2027 (see below for more details)

To ensure a smooth learning experience for everyone, we ask that all payment plans are kept up to date. If three payments are missed, unfortunately, we will have to pause your access to the course. If you have any concerns or anticipate difficulties with your payment plan, please reach out to us as soon as possible using the below email address.

Confirming your place on the course

Once you receive an email from us confirming your acceptance onto the course, your place is secured by paying a deposit of £595. This will be taken off of the first year's course fees.

In April 2027, we'll send out payment links via Stripe to set up your preferred payment plan (or full payment, if you've chosen Option 1).

Further Reading About Your training Commitment

Welcome to Second Sight Healing, where we are dedicated to the renewal of old ways of being, in harmony with ourselves, nature and spirit. Our vision is to be guided by indigenous shamanic practices and make them relevant to the land and time in which we reside, for the healing of individuals, to bring balance to our communities and our relationship to the earth. Through our collaboration and friendship with cultures whose traditions have remained largely intact, Second Sight Healing seeks to share the wisdom and beauty of ancient shamanic ways, whilst also bringing awareness to, and assisting in, the struggles indigenous people face in the modern world. Equally our mission is to help in the re-dreaming of traditions in the U.K.- where we are based- to reclaim our shamanistic heritage and indigenous roots by working closely with, and listening to, the land and our ancestors.

We believe that this will help bring healing to the soul ill health afflicting the modern world, which is manifesting in a myriad of mental and physical illnesses and a global ecological crisis.

Teachers and Course Framework

Our Founder and lead teacher has over twenty years of experience treating people shamanically and has been teaching the practitioner training since 2009. He has been an apprentice within the unbroken indigenous tradition of the Wixarika from North Central Mexico for the past 14 years and is recognised by several elders as a carrier of the medicine needed for the teaching of this work. The shamanic techniques that you'll learn are taught from the experience that not only comes from many years of teaching but also from direct experience acquired from healings on thousands of different people, from all walks of life. They are not taught from theory or idealistic principals but from what actually works and has been applied in the real world. And because this practice is ongoing it means that there is a constant adaptation of these healing techniques to treat very modern diseases that participants will benefit learning from, as the nature of the spirit sickness that is affecting people at different times collectively is constantly changing.

More importantly, we in the West, respond differently to shamanic healing than in traditional cultures where it has been practised for thousands of years and is culturally embedded. Therefore different methods to *open people up to healing* have to be employed. These, which have been learnt through experience, will all be explored in the third year whilst learning the philosophy behind the healing practices.

During the course there will also be the rare opportunity to learn and undergo ceremonies with visiting indigenous elders from the Wixárika (Huichol) tribe of Mexico. The Wixárika resisted Spanish incursions and have kept their traditions very pure, only beginning to share it with Europeans ten years ago. They are one of only few tribes in Meso-America to have an unbroken lineage going back for many thousand years.

Over the past 14 years we have built up a strong friendship and connection with several senior Marakame's (shamans), who come to the woods to share ancient ceremony and teachings from their tradition. This is an optional extra to the training, though in the past two years the marakame’s have joined us directly to assist different year groups.

The course has already been undertaken by many professionals in both mainstream and alternative healing practises to enhance their work. You may however just have a feeling that you are drawn to assist others and want to start that journey, all are welcome as I believe we all have a piece of the puzzle to contribute and when we gather together in community, in a held and safe space, the real magic of healing can be experienced and explored. Magic it is then possible to share with the rest of our communities and our loved ones. Because of the nature of the work though, it does mean a very **big commitment** in terms of time, energy and resources and should only be undertaken by people ready to make that commitment.

Groups are kept to a maximum of twenty participants to ensure a tight community can be formed over the three years, and that you receive good attention by myself and a minimum of four more assistants at each meeting. You will also receive personal mentoring by ex students who have gone through the course and understand what you may be potentially experiencing throughout the first two years.

In between the meetings there will be a lot of practises and rituals to complete, and the expectation of you giving the time and energy needed for these will be high.

Once the three years have been completed, alongside reviewed case studies, participants will have the potential, spirit willing, to practice as shamanic healers, having undergone tutelage in the techniques coupled with visceral, practical and initiatory experience into the world of the Shaman.

Practical Details

The training involves four residential meetings, each meeting made up of four days in the first year, an online bridge-weekend at the beginning of the second year, followed by four more four-day residential meetings in the second and third years.

Because of the nature of the work, we start early and work late (often right through the night to the next day) whenever we are together. So that each four day meeting has an average teaching time of between 45 and 50 hours.

In between our meetings in the woods you will also have access to a mentor who has undertaken the course for practical and emotional support throughout, alongside practical rituals, practices and reading to complete.

All of our initiation and teaching weekends (*apart from the mini pilgrimage at the end*) is undertaken in private woodlands in Sussex, and we practice out of a yurt.

Year One - The Four Seeds

The Four Seeds is an adventure of Shamanic Initiation and Ceremony. Its purpose is to provide a framework which all the rest of the work will exist within. In lands that have lost their traditions, such as in the West, our feeling is that we have to go back to the primal powers that we know are real and that helped create the world- the elements. This is in order to learn, and perhaps re-dream new/ old traditions alive again. Most shamanic cultures and traditions embrace the teachings of these ancient ancestors. And usually around something various North American indigenous tribes called *The Medicine Wheel.*

You will venture around this wheel, and the elements that sit in each cardinal direction. In doing so, you will be introduced to the spirits of the land in which this teaching is taking place. You will learn directly from these teachers, in woods where there is very little human interference and whose spirits have been well fed for several years now; by both our work and visiting indigenous elders. This will ensure that we begin where we mean to continue from, a well grounded place, connected to the spirit of the land and time (as well as the timelessness) of now.

You will also begin another important aspect of this work, which is to reconnect and begin to heal the ancestral lineages that you carry. Until we heal these lines, and begin to work with them, any subsequent shamanic work undertaken will not have the same power. It is our immediate ancestors that are the first step into the invisible worlds, and who ultimately lead back, through the elements, to the original ancestor, that ineffable spirit of life.

And finally you will be introduced to the power that is at the heart of all shamanic work; that of trance work undertaken in ceremony. You will be challenged through ancient rites; embracing the fire in a Sacred Fire Dance; joining in community and prayer in a Sacred Sauna (sweat); experiencing a night alone in nature in Sitting out Ceremony and in year two, spending a night deep in our Mother Earth with a Burial Ritual. Each of these initiations will take you closer to the mysterious world of the shaman whilst uncovering the hidden layers of your souls. On this shamanic journey of death and rebirth, you will emerge refreshed, re-invigorated and in touch with the raw intensity and power of life.

Embracing humour and honesty, lightness and intensity, inner journeying with outer action and living close to and in harmony with nature, we will create a circle of trust and beauty; one that will support this magical journey deep into the world of the shaman.

The East - The Fire - May 2027

The Seed Sprouts. The rising sun. Birth and Rebirth. Spirit and imagination. Potential. Seeding our life with passion, the spirit of expansion and adventure. Aggression, pride and will as sources of strength. The hearth fire. The desire to be born, to live and to burn bright. Playfulness, the magical child and the hero's/ heroin's quest. The spirit of the Warrior, he/ she that protects and serves.

At this meeting we will explore all of the above and more. We begin our journey around the Wheel and get to know our spiritual allies in a visceral way. We will also undertake a sacred fire ritual and connect to our ancient ancestral heritage, embracing the fire deep into our souls and moving beyond the masks of self deception and false posturing to discover, express and release our true spirits.

The South - The Water - June 2027

The Seed Blossoms and Bears Fruit. The river of life. Nurturing and guiding us on our journeys. Love and grief as praise of life. Our ability to truly taste life through our emotions. The ebb and flow, changing tides. Letting go, letting flow. Receptivity. Interconnectedness of everything. Love. Dreams and visions, psychic awareness. The blood. Family. Ancestral ties and ancestral wounding. Our commitment and responsibility to 'all of our relations'.

Learning from the above and more, we will dive deeply and drink of the sacred wellspring of life. We will join together, in community, in a Sacred Sauna to gift back to the earth our sweat and tears, so that they may seed further life. We will listen and align our own heartbeats with the heartbeat of the earth, giving and receiving love as we learn to walk in beauty.

The West - The Air - July 2027

The Seed Releases, Flying Free. The breath of life. The wind. That which connects us to the invisible realms of spirit. Responsibility. Freedom. Truth. Change. Transformation. The Magician who can alter reality and destiny. Vision. Knowing and honouring our sacred place on the earth and the duty we have to perform here.

We will explore the above. You will undertake a Sitting Out ceremony, spending a night alone in nature, seeking a vision that you can live by- to give your life purpose and direction. You will look to understand your place as masters of your soul, able to steer the nature and pathways of your lives through conscious decision making. You will also explore the nature of our subtle energetic 'dreaming bodies' and how these feed our perceptions of reality.

The North - The Earth - Sept 2027

The Seed Re-Seeds the Earth. The circle ends before beginning again. Death and Rebirth. Containment, manifestation. Our instincts. That which 'matters', has value. Acceptance of limits and defining oneself through limitation. Meeting and befriending fear. Leadership and Responsibility. Mastery The wisdom and healing gifts of the earth. Nature’s medicine. Nature spirits. Sensuality, the enjoyment of ourbodies. The wild, untamed essence of our earthly and animal natures. In service to and in guardian of the natural world.

We will explore all of the above. You will undertake a sacred burial ceremony, spending a night deep in the darkness and womb of the earth, seeking visions and facing your death: the ultimate definition of life. Merging with your animal spirit helpers we will learn what they have to teach about our instinctual and wild, free natures. Gaining perspective on your journeys so far and committing to your new paths, having been touched and changed forever by spirit, we will end with celebration, feeding the desire to give back to our mother, the earth, all that you have been given through the sacred, delicate gift of our lives.

Application Form

Part 1: Personal Details

Forename(s):

Surname:

Mobile phone number:

Home phone number:

Email address:

Postal address:

Part 2: Personal Statement

In no more than 500 words, please describe what attracts you to the shamanic path, including what your intention is for this course, what you wish to get out of it and how you intend to use what you will learn.

Please also include any previous spiritual practice experience, whether that be shamanic or from any other spiritual or healing paths:

Up to 500 words...

Part 3: Your Health and Preliminary Information

Before completing PART 3 of this application, your attention is drawn particularly to Clause 5 of Second Sight Healing Terms & Conditions.

The course requires trainees to participate in the following activities:

- All-weather camping
- Sweat Lodges (*prolonged periods in an environment comparable to a steam room*)
- Wet fasting during the hours prior to and during all ceremonies
- Outside bushcraft activities

The information you provide below will be used by Second Sight Healing (including assisting Trained Practitioners) to facilitate the course and ensure that you receive the best attention from us as possible. Please see our privacy policy as to how we process your personal data.

If you do not provide accurate and complete information as requested by us in this form, and as requested throughout the course, this may prevent us from working with you further and we will not be liable to you for any loss or damage suffered as a result of us acting on inaccurate or incomplete information.

Health Questionnaire:

1 - Please tell us of ANY relevant medical conditions which you either suffer from, or which you need to manage in certain situations, or which require you to take any medication or follow any healthcare plan, which we should be made aware of in relation to your participation in the course:

List here

2 - In particular, please answer YES or NO (*delete as appropriate*) as to whether you suffer from any of the following:

- Any mental health conditions or mental illness (diagnosed, undiagnosed and/or in your family, including stress, anxiety and depression) – YES/NO
- Cardiovascular disease, incl. coronary heart disease, strokes and TIAs, peripheral arterial disease, aortic disease – YES/NO
- Enlarged heart, heart valve problem or have suffered a heart attack in the past 2 years – YES/NO
- Breathing difficulties, including any asthma and chronic obstructive pulmonary disease – YES/NO
- Neuromuscular disease, incl. motor neuron disease, myasthenia gravis, muscular dystrophy and peripheral neuropathy – YES/NO
- Fibromyositis – YES/NO
- Disc disease – YES/NO
- Osteoporosis – YES/NO
- Chronic fatigue syndrome – YES/NO
- Recurring headaches – YES/NO
- Diabetes – YES/NO
- Vertigo – YES/NO
- Hernia or ulcers – YES/NO
- High or Low blood pressure – YES/NO
- Severe arthritis of the spine – YES/NO
- Hyperthyroid condition – YES/NO
- Physical injuries – YES/NO

3 - If you are currently taking any form of medication, please detail the name of the medication, reason for use and any side effects:

List here

4 - If you are following any healthcare management plan or employ any other management techniques for your conditions, please detail here:

List here

5 - Is there anything else we should know about your health that we have not covered above, including pregnancy or having had any recent medical procedures?

List here

6 - Please provide name and phone number of the person you would like us to contact in an emergency:

Name:
Relationship (e.g. father, friend, etc):
Mobile Tel No:
Home Tel No:
Email Address:

Acknowledgement

You acknowledge and represent that:

- participation on the course may carry an element of risk, and that you agree to take full responsibility for your own physical, mental and emotional health and wellbeing in all respects.
- in accepting your place and paying your deposit, you are confirming that you are capable of engaging in any of the course activities set out at the top of this Part 3 and any related activities you undertake independently, and that it would not be detrimental to your health, safety, comfort or physical condition.
- to the best of your knowledge you suffer from no medical or physical condition or disability (including mental health conditions) that would prevent you from reasonably and safely participating on the course;
- you must keep Jez Hughes informed at all times during the course of any changes to your health information, including new injury, illness or other medical conditions, any medication, or receiving treatment from a medical advisor/practitioner or doctor;
- you must inform Jez Hughes if you are unable to take part in any particular activity due to health, wellbeing or similar, or if there may reasonably be a risk to the same in you taking part.
- Second Sight Ltd will not be liable for any loss or damage suffered as a result of you not declaring a medical condition or carrying out any activity, practice or other related activity, when you were aware, or should have been aware, that it would or might be detrimental to you to do so.
- Second Sight Ltd will not be liable to you in respect of any of your personal property that is lost, stolen or damaged during the duration of the courses.

Part 4: Consent

I consent to Second Sight Healing Limited, and its Trained Practitioners, using the information in this application form for the purposes of administering my application, and in the event such application is successful, for administering my attendance on, and participation in the activities included within, the 3-Year Shamanic Practitioner Training

Course, and to Second Sight Healing Limited and its Trained Practitioners using this information in accordance with its Terms & Conditions and Privacy Policy (*please tick*) ☐

I acknowledge and accept my responsibilities for informing Second Sight Healing Limited of my medical history and ongoing medical conditions (both physical and mental), as set out in Second Sight's Terms & Conditions (see above) **AND** confirm I will continually inform Second Sight Healing Limited of any changes to the same throughout the duration of my engagement with Second Sight. *(please tick)* ☐

Thank you for your application