



SECOND SIGHT HEALING

Information Pack 2025 - 2026

FOUNDATION IN ASTROLOGY

taught by Jez Hughes & Emmanuelle Soffe

***We're so glad you're here and curious about the
Foundation in Astrology course!***

This is a seven-month journey into the language of the stars, designed for beginners or those with some knowledge of astrology who wish to apply this knowledge practically. By the end of the course, participants will have enough knowledge and skill sets to provisionally begin reading natal charts. We will cover all the basics- signs, modalities, houses, planets, aspects etc.

ABOUT THE COURSE

Throughout the course we will not only simplify the technical aspects of astrology, which can be intimidating to many, but also emphasis will be placed on intuitive learning and mastering astrology as an 'art'. Many people spend years gaining a lot of information around astrology yet struggle to put the disparate parts together, or to trust what has been learnt. By looking through an animistic and shamanic lens, we will look to use other tools to befriend this ancient divination method. Astrology then becomes a vital ally in bringing meaning and purpose not only to individual lives but also to understanding life as a whole.

Astrology helps us to see beneath the surface of things and understand the invisible, energetic patterns that make up reality. Through this knowledge comes great insight. It is both a language and a map of reality. Unlocking the keys to understanding this language and to be able to read the map is the central focus of this course. Once this is done, astrology then becomes an endless source of fascination and wonder which brings us closer to the depths of our soul and nature throughout our lives. It also is one of the greatest tools in the pursuit of self knowledge.

JOIN THE COMMUNITY

Throughout the course, you'll be part of a small, supportive group, a place where you can share learning and grow together. Many participants find the bonds formed here continue long after the final session.

We also welcome you into our wider Second Sight Healing community, where you can meet other members and learn more about our work via private facebook groups and internal newsletters. These spaces are a lovely way to stay inspired, keep in touch, and feel part of a living, breathing community between our monthly gatherings.



Join us this October



PRACTICAL DETAILS

We'll meet online for a 13 part, bi-weekly, deep dive into the ancient art of astrology, across seven months, starting **Tuesday 14th October 2025** (see full course dates below). Each lesson runs from 6pm - 9pm.

Sessions are hosted on Zoom, with links sent in your welcome pack once you sign up. Before each gathering, you'll receive joining instructions, and every module will be recorded for you to revisit at your own pace, complete with captions and transcripts via a private Vimeo link.

Each module will include detailed information and the learning of practical knowledge. In between meetings there will be work and learning to be done at home.

All teaching is led by Jez Hughes and Emmanuelle Soffe, bringing their depth of experience and passion for astrology to guide you throughout this journey.

COURSE DATES

Lesson 1: Tuesday 14th October 2025 6pm - 9pm

Lesson 2: Tuesday 28th October 2025 6pm - 9pm

Lesson 3: Tuesday 11 November 2025 6pm - 9pm

Lesson 4: Tuesday 25 November 2025 6pm - 9pm

Lesson 5: Tuesday 9 December 2025 6pm - 9pm

Lesson 6: Tuesday 6 January 2026 6pm - 9pm

Lesson 7: Tuesday 20 January 2026 6pm - 9pm

Lesson 8: Tuesday 3 February 2026 6pm - 9pm

Lesson 9: Tuesday 17 February 2026 6pm - 9pm

Lesson 10: Tuesday 3 March 2026 6pm - 9pm

Lesson 11: Tuesday 17 March 2026 6pm - 9pm

Lesson 12: Tuesday 7 April 2026 6pm - 9pm

Lesson 13: Tuesday 21 April 2026 6pm - 9pm





COURSE OVERVIEW

The perspective we will be exploring is how astrology can become a tool for self knowledge and greater understanding of our true natures, especially the parts of our souls that can be in conflict or are difficult to integrate into our sense of self. This is the animistic version of ourselves and reality where multiple, often contradictory, layers can make up an individual life, as represented in the birth chart. Knowledge and healing coming from synthesis of these layers.

Astrology also gives us insight into the invisible, governing forces that create, contain and renew life. This then brings us closer to connecting 'human nature' with all of nature, healing the split that has endured in the modern world.

The prime teacher for this is the concept of 'The Wheel of Life' that contains all the information we need to understand the cycles of nature and reality that the Natal Wheel represents. This is similar to the shamanic concept of The 'Medicine Wheel', which is at the heart of our shamanic teaching work. Astrology then deepens our understanding of shamanism, whilst shamanism breathes life into Astrology.

The course will include (but not be limited to):

Lesson One: An Introduction to Astrology

- Brief history of Astrology.
- Introducing the basic structures that will simplify our learning of the technical aspects as we progress.
- An outline of what the signs represent, what the houses represent, what the planets represent and what the aspects represent.

Each lesson we will track our progress through the use of example charts.

Lesson Two: The Zodiac Part I

- Introducing the Zodiac - A journey around the Wheel of life.
- Part One: From Spring Equinox to Summer Solstice.
- Aries, Taurus and Gemini.
- Cardinal Fire, Fixed Earth and Mutable Air.
- The Ascendent (1st), 2nd and 3rd Houses.

Lesson Three: The Zodiac Part II

- Part Two: From Summer Solstice to Autumn Equinox.
- Cancer, Leo and Virgo. Cardinal Water, Fixed Fire and Mutable Earth.
- The IC (4th), 5th and 6th houses.

Lesson Four: The Zodiac Part III

- Part Three: From Autumn Equinox to Winter Solstice
- Libra, Scorpio and Sagittarius.
- Cardinal Air, Fixed Water and Mutable Fire.
- The Descendent (7th), 8th and 9th houses

Lesson Five: The Zodiac Part IV

- Part Four: From Winter Solstice to Spring Equinox
- Capricorn, Aquarius and Pisces.
- Cardinal Earth, Fixed Air and Mutable water.
- The MC (10th), 11th and 12th houses

Lesson Six: The Planets Part I

- Actors on the Wheel of life Part One: Two Couples
- The Sun (Masculine) and the Moon (Feminine)
- Mars (Masculine) and Venus (Feminine)

Lesson Seven: The Planets Part II

- Actors on the Wheel of Life Part Two: The Other Inner planets
- Mercury, Jupiter and Saturn

Lesson Eight: The Planets Part III

- Actors on the Wheel of Life- Part Three: The Outer Planets
- Chiron, Uranus and Neptune

Lesson Nine: The Planets Part IV

- The Actors on the Wheel of Life Part Four: To infinity and Beyond
- Pluto and the Moon's Nodes

Lesson Ten: Natal Aspects Part I

- Part One: Expression through harmony
- Conjunction (part one), Sextile and Trine



Lesson Eleven: Natal Aspects Part II

- Part Two- An Introduction to conflict, assimilation and the 'shadow'
- Conjunction (part two), Opposition and Square

Lesson Twelve: Integration of Learning Part I

- Putting it all together
- Chart rulerships, the Ascendant, Sun and Moon and aspects. Beginning to read the natal chart.

Lesson Thirteen: Integration of Learning Part II

- Putting it all together Part Two
- Assimilating the other planets in aspect. Incorporating all the cardinal points. Practising the basic reading of a birth chart.

PAYMENT OPTIONS

INSTALLMENT PLAN

£169

5x monthly payments

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ONE OFF PAYMENT

£795

one-off payment

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